



Pre-Care Instructions

Dear FULL Micropigmentation Client,

Congratulations and thank you for choosing FULL for your Scalp Micropigmentation Procedure!

We aim for total and complete satisfaction, so we want to provide you with the following pre-care instructions. Please follow these carefully. The healthier you are, the healthier your skin will be = a better final result.

Following these guidelines will ensure that you have prepared your scalp as best as possible to receive optimal results. If you have any questions, please feel free to contact us at 702-333-1181. We look forward to helping you through this process.

- 1)** Wash your scalp with a non-abrasive, natural shampoo or face wash the week prior to your procedure.
 - We want your skin to be neutral: not too oily and not too dry, this would be the optimal skin type. No tanning or sunburn before coming in. Healthy skin = best results. You should use an exfoliator daily in the shower leading up to your treatment.
- 2)** After washing the scalp, you may moisturize the skin with some form of skin moisturizer to keep the skin hydrated, only if needed. Doing so will allow the ink to be properly absorbed. This is not mandatory and too much oil in the scalp is not good either. Only use if extra dry. Or you may use a natural exfoliator if the skin is oily, or damaged.
- 3)** Refrain from sun tanning to avoid burning and peeling of the skin.
- 4)** Focus on relaxing and get a good night's rest before your procedure.
- 5)** Eat a hearty and healthy meal the day of your procedure, and drink lots of water. No alcohol, no smoking, no caffeine, and no drugs the week of (preferably 2 weeks before each session).
- 6)** If you are extremely sensitive to pain, take some Tylenol (no ibuprofen), or seek medical advice prior to procedure.
- 7)** You may bring a clean hat or scarf to loosely cover your head after the treatment if so desired, but not recommended.
- 8)** Hair Piece - Please do not wear a hair piece at least 7 days prior to your scheduled procedure. As wearing a hair piece may limit oxygen flow to the scalp and the ink may not be fully absorbed into the follicle.
- 9)** Hair Length - Please **SHAVE** your head with a razor 2-3 days before your procedure, or with a foil shaver 1 day before, or with an Andis T-Outliner clipper the day of your procedure (not regular clippers).

10) Hair Preparation – Please do not use a razor on your scalp within 24 hours of the scheduled procedure. It is critical that we see all native hair in order to properly blend the hair follicles.

A healthy scalp will be very helpful in achieving optimal results.

Sincerely,

The FULL Micropigmentation Team.