



## Pre-Care Instructions

**Dear FULL Micropigmentation Client,**

Congratulations and thank you for choosing FULL for your Micropigmentation Procedure!

We aim for total and complete satisfaction, so we want to provide you with the following pre-care instructions.

Following these guidelines will ensure that you have prepared your scalp as best as possible to receive optimal results. If you have any questions, please feel free to contact us at 702-333-1181. We look forward to helping you through this process.

- 1)** Wash your scalp with a non-abrasive, gentle shampoo the week prior to your procedure.
  - If experiencing breakouts on your scalp, we are not a medical establishment so we are not allowed to suggest what to use for any problems or disorders. Instead, please visit a dermatologist or appropriate medical doctor to resolve this issue prior to your procedure.
- 2)** After washing the scalp, you may moisturize the skin with some form of skin moisturizer to keep the skin hydrated, only if needed. Doing so will allow the ink to be properly absorbed. This is not mandatory and too much oil in the scalp is not good either.
- 3)** Refrain from sun tanning to avoid burning and peeling of the skin.
- 4)** Focus on relaxing and get a good night's rest before your procedure.
- 5)** Eat a hearty and healthy meal before your procedure, and drink lots of water. No alcohol or drugs the week of.
- 6)** If you are extremely sensitive to pain, take some Tylenol (no ibuprofen), or seek medical advice prior to procedure.
- 7)** You may bring a clean hat or scarf to loosely cover your head after the treatment if so desired, but not recommended.
- 8)** Hair Piece - Please do not wear a hair piece at least 7 days prior to your scheduled procedure. As wearing a hair piece may limit oxygen flow to the scalp and the ink may not be fully absorbed into the follicle.
- 9)** Hair Length - Please **SHAVE** your head with a razor 2-3 days before your procedure, or with T-Liner clippers set on size 0 the day of your procedure.
- 10)** Hair Preparation - Please do not use a razor on your scalp within 24 hours of the scheduled procedure. It is critical that we see all native hair in order to properly blend the hair follicles.

A healthy scalp will be very helpful in achieving optimal results.

Sincerely,

The FULL Micropigmentation Team.